

Psychiatric Intake Form

(All information on this form is strictly confidential)

Please complete all information on this form and bring it to the first visit. It may seem long, but most of the questions require only a check, so it will go quickly. You may need to ask family members about the family history

Today's date _____

Source of information () Self () other / relationship _____

Name _____ Date of Birth _____

Age: _____ Sex: _____

Home Phone _____ May I leave messages on this phone? () y () n

Work Phone _____ May I leave messages on this phone? () y () n

Cell phone _____ E-mail _____

Street address _____

City _____ Zip code _____

Emergency Contact: _____

Phone: _____ **Relationship to you:** _____

Marital status: S__ M__ D__ W__ Non-married committed relationship? _____

Name all the people with whom you live and their relationship to you:

List the main problems for which you wish to be seen today:

1. _____
2. _____
3. _____

What are your goals for the next few years?

1. _____
2. _____
3. _____

Do you have a history of mental health problems or hospitalizations? () y () n

If so, please complete the following:

Diagnosis	Dates treated	By whom
_____	_____	_____
_____	_____	_____
_____	_____	_____

Are you currently receiving professional counseling or any kind of psychotherapy?

() y () n If yes, by whom? _____

If you have ever taken the following medications, please indicate the dates, dosage, and how helpful they were (if you can't remember all the details, just write in what you do remember).

Abilify(aripiprazole), **Adderall** (amphetamine), **Ambien** (zolpidem), **Anafranil** (clomipramine), **Ativan** (lorazepam), **Buspar** (buspirone), **Celexa** (citalopram), **Clozaril** (clozapine), **Concerta** (methylphenidate), **Cymbalta** (duloxetine), **Depakote** (valproate), **Desyrel** (trazodone), **Effexor** (venlafaxine), **Elavil** (amitriptyline), **Geodon** (ziprasidone), **Haldol** (haloperidol), **Invega** (paliperidone), **Klonopin** (clonazepam), **Lamictal** (lamotrigine), **Latuda**, **Lexapro** (escitalopram), **Lithium**, **Luvox** (fluvoxamine), **Lyrica** (pregablin), **Neurontin** (gabapentin), **Pamelor** (nortrptyline), **Paxil** (paroxetine), **Pristiq** (desvenlafaxine), **Prolixin** (fluphenazine), **Prozac** (fluoxetine), **Remeron** (mirtazapine), **Restoril** (temazepam), **Risperdal** (risperidone), **Ritalin** (methylphenidate), **Seroquel** (quetiapine), **Serzone** (nefazodone), **Strattera** (atomoxetine), **Tegretol** (carbamazepine), **Tofranil** (imipramine), **Trintellix**, **Valium** (diazepam), **Vybrid**, **Wellbutrin** (bupropion), **Xanax** (alprazolam), **Zoloft** (sertraline), **Zyprexa** (olanzapine)

Allergies _____

ALL Current prescription medications and how often you take them: (if none, write none)

ALL Current over-the-counter medications or supplements: _____

Current medical problems: _____

Past medical problems, hospitalizations or surgeries: _____

Name of your primary health care provider: _____

Date and place of last physical exam: _____

Have you ever had an EKG? () y () n Date _____

For women only: Date of last menstrual period _____ Are you currently pregnant or do you think you might be pregnant? () y () n Are you planning to get pregnant in the near future? () y () n Birth control method _____

How many times have you been pregnant? _____ How many live births? _____

Do you have a history of:

	Yes	No		Yes	No
Thyroid Disease	_____	_____	Epilepsy or seizures	_____	_____
Anemia	_____	_____	Chronic pain	_____	_____
Liver Disease	_____	_____	High Cholesterol	_____	_____
Fibromyalgia	_____	_____	High Blood Pressure	_____	_____
Chronic Fatigue	_____	_____	Head Trauma	_____	_____
Heart Disease	_____	_____	Cancer	_____	_____
Kidney Disease	_____	_____	Asthma/respiratory problems	_____	_____
Diabetes	_____	_____	Stomach or intestinal problems	_____	_____
Sexual Orientation concerns	_____	_____	Immunology Problems	_____	_____

Do you like exciting or dangerous activities? () y () n

Have you had thoughts that you don't want to go on, wish you were dead, or want to kill yourself? () y () n

IF YES, please answer the following... If no, please skip to Family Psychiatric History.

Has anything happened recently to make you feel like this? _____

On a scale of 0 to 10, how strong is your desire to kill yourself? _____

Have you ever thought about how you would kill yourself? _____

Do you have access to firearms? () y () n

Have you ever tried to kill or harm yourself before? _____

Is there anything that would stop you from killing yourself? _____

If you could look into the future, what do you feel you could look forward to? _____

Were you ever physically or sexually abused? () y () n If yes, what age? _____

Have you ever been violent towards anybody? () y () n

Have you ever been arrested? () y () n

Do you have any pending legal problems? () y () n

Have you ever been treated for alcohol or drug use or abuse? () y () n

If yes, for which substances? _____

If yes, where were you treated and when? _____

How many alcoholic drinks do you consume each week? _____

In the past three months, what is the largest amount of alcoholic drinks you have consumed in one day? _____

Have you ever felt you ought to cut down on your drinking or drug use? () y () n

Have people been concerned about your drinking or drug use? () y () n

Do you think you may have a problem with alcohol or drug use? () y () n

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Check if you have ever tried the following:

	Yes	No	If yes, when did you last use?
Methamphetamine	()	()	_____
Cocaine	()	()	_____
Stimulants (pills)	()	()	_____
Heroin	()	()	_____
LSD or Hallucinogens	()	()	_____
Marijuana	()	()	_____
Pain killers (not as prescribed)	()	()	_____
Methadone	()	()	_____
Tranquilizer/sleeping pills	()	()	_____
Ecstasy	()	()	_____
Alcohol	()	()	_____
Other _____			_____

How many caffeinated beverages do you drink a day? _____

Cigarettes: Now? () y () n In the past? () y () n When did you quit? _____

How many per day on average? _____ For how many years? _____

Pipe, cigars, or chewing tobacco: Now? () y () y In the past? () y () n

Has anyone in your family been diagnosed with or treated for:

	Yes	No		Yes	No
Bipolar disorder	_____	_____	Schizophrenia	_____	_____
Depression	_____	_____	Post-traumatic stress	_____	_____
Anxiety	_____	_____	Alcohol abuse	_____	_____
Anger	_____	_____	Other substance abuse	_____	_____
Suicidality	_____	_____	Violence	_____	_____
ADHD	_____	_____	OCD	_____	_____
Insomnia	_____	_____	Psychosis	_____	_____
Panic Attacks	_____	_____	Other	_____	_____

If yes, who had what problems?

Has any family member been treated with a psychiatric medication? () y () n If yes, what medications and how effective were they? _____

Your father's name, occupation and your relationship with him? _____

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Your mother's name, occupation and your relationship with her? _____

Were you adopted? () y () n

Did your parent's divorce? () y () n If so, how old were you when they divorced? _____

If your parents divorced, who raised you? _____

Please list the names and ages of your siblings and describe your relationship with them

What is your significant other's occupation? _____

Describe your relationship with your spouse or significant other:

Have you had any prior marriages? () y () n

Do you have children? () y () n

Names/Ages: _____

Describe your relationship with your children: _____

Has anyone in your immediate family died? _____

Who and when? _____

Have you ever served in the military? () y () n

What is your highest educational level or degree attained? _____

Were you ever bullied? () y () n

Did you ever have any problems in school or with learning? () y ()

Are you currently: Working () Y () N

What is your occupation? _____

Where do you work? _____

**PLEASE ADD ANY OTHER INFORMATION THAT YOU THINK IS
IMPORTANT TO DISCLOSE ON A SEPARATE SHEET OF PAPER**

I certify that the above information is true.

Signature and Date